

31st Catocin Mountain Music & Dance Weekend June 17 – 19, 2016**Description of Workshops**

Saturday Morning Note: In case of rain, outdoor workshops held in Cabin #32		
7:00 am	Mess Hall	Breakfast Waltz Band with Ed VandenBosche Come play or dance a waltz or three before breakfast.
9:30 am	Mess Hall	English Country Dancing with Mike Franch The emphasis in this workshop will be on dances that are graceful, interesting, rollicking, but mostly fun. We might dance a dance published in 1651, and we might dance one composed in 2016. It's a living tradition! Suitable for adults and for children who can follow directions.
	Mess Hall	Craft Time 1 with Mira Green Create a lantern to light up your night path using mason jars and tissue paper. For kids of any age; young children will need adult assistance.
	Cabin 23	Beginning Autoharp with Ellice Brahms
11:00 am	Mess Hall	International Folk Dance with Neil & Elisabeth Epstein All are welcome to join in circle dances from Romania, Israel, Russia and other far-away lands.
	Outside	Korean Storytelling with Steven Underwood Especially suitable for children 4 - 8 years old.
	Cabin 23	Mountain Dulcimer with Tom Rhoads We'll explore a topic of mutual interest - could be tunings, chords, the capo, arranging for the dulcimer, or physical technique. At least one extra instrument will be available.
Saturday Afternoon Note: in case of rain, outdoor workshops in Cabin 32		
1:00 pm	Mess Hall Steps	Annual Kid's Photo Be part of this Catocin tradition!
1:30p	Mess Hall	American Dance with Emily Aubrey & Rick Mohr Come dance fun contras and squares!
	Mess Hall	Craft Time 2 with Michelle Avda Doll Making for all ages - We will have paper dolls to dress with fabric clothing as well as an opportunity for older children to make their own stuffed dolls.
	Cabin 23	Silly Songs and Singing Games with Ed VandenBosche Open to everyone and especially accessible for the elementary & preschool set.
2:45p	Mess Hall	Slow Jam with Tom Rhoads A chance for beginning instrumentalists to play dance tunes at a manageable speed. We'll talk a little about skills development, playing by ear versus sheet music, and some style points... but mostly we'll just play. Some sheet music will be provided.
	Outside	Sword Dancing with Mike Franch Sword dancing is done with wooden "swords" by teams of 5-8 dancers, who hold hilt of their own sword in their right hand and the point of their neighbor's sword in their left. Thus linked, they dance various patterns, going over and under their neighbor's sword, culminating in the interlocking of the swords to make a star. Some traditional sword dances end by cutting off the head of the leader, but we'll probably skip this part. Suitable for adults and for children who can follow directions.
	Outside	Walk with Amy Ksir Especially for parents and their young children. Meet on the steps.
4:15p	Mess Hall	Clogging with Chloe Mohr Come learn to make music with your feet! Learn some simple clogging steps and then dance along with the band in the evenings. Please wear comfortable shoes that make a sound on wood floors if you have them. If not, wear whatever you have. All ages welcome. No experience necessary.
	Outside	Saturday Song Circle with Barbara Cates Rounds, zipper songs, and more.
	Cabin 23	Ranger Program with Ranger Dwight James Everyone is welcome to participate in this general entomology program featuring an insect hunt and identification activity.
Sunday Morning Note: in case of rain, outdoor workshops in cabin 32		
7:00 am	Mess Hall	Breakfast Waltz Band with Ed VandenBosche Start your day with a waltz – in the band or on the dance floor.
9:10	Outside	Sunday Morning Song Circle with Larry Smith Sunday morning singing outside the Mess Hall! Bring your instruments and your voices.
	Cabins 23	Yoga with Elisabeth Epstein Get the kinks out with this gentle hour of yoga. All welcome – no mat or experience required.